## Rosalind Franklin University Health System Community Care Connection

2012

Park Place Waukegan Township 10-1 p.m. 414 Lewis Avenue Mar-15 & Apr-3 Open Arms Mission 3:30-6p.m. 1548 S. Main Street, Antioch Feb-9 Mar-1 & Apr-5 Wauconda Township 11-2p.m. 505 West Bonner Road Feb-8 Mar-2 & Apr-4 YMCA 4-6:30p.m. 2000 Western Ave, Waukegan Feb-13 Mar-5 & Apr-9 Mt. Moriah Christian Center 9:30-12:30p.m. 523 10th St, North Chicago Feb-14 Mar-6 & Apr-10 Round Lake Area Public Library 10-1p.m. 906 Hart Road Mano a Mano Family Resource Center 2:00-4:30p.m. 6 E Main Street, Round Lake Park Feb-16 Mar-8 & Apr-12 Antioch Senior Center 10-1p.m 817 Holbeck Street Feb-6 & Mar-5 Apr-9 YMCA 4-6:30p.m. 700 Lakeview Parkway, VernonHills Feb-20 Mar-12 & Apr-16

Libertyville Senior Center 10-1p.m. **135 W Church Street** Grayslake Senior Center 2:15-4:15 p.m. 50 Library Lane Feb-21 Mar-13 Apr-17 ጲ Regent Center 10-1p.m. 1200 Regent Drive, Mundelein Feb-22 Mar-14 & Apr-18 St. Anastasia Food Pantry 9:30-12:30p.m. 624 Douglas Avenue, Waukegan Mar-1 Mar-22 & Apr-26 Independence Center 11-2p.m. 2025 Washington Street, Waukegan Feb-15 Mar-7 & Apr-11 Holy Family Food Pantry 10-1p.m. 914 8th Street, Waukegan YWCA Lake County 2-4p.m. 2133 Belvidere Road, Waukegan Feb-28 Mar-20 & Apr-24 YMCA 8:30-11:30p.m. 1025 Old McHenry Road, Lake Zurich Feb-29 Mar-21 & Apr-25 Vernon Township 10-1p.m. (Community Service Building) 2900 North Main Street, Buffalo Grove Feb-27 Mar-19 & Apr-23

\* The Community Care Connection takes its last patient 15 minutes before the close of each site, if space is still available.

## **Building Better Bones 2012**

The Free Screening and lecture on Osteoprosis can accomadate 30-40 patients: Target Population Moderate-to-high-risk women considerd to be at risk include: All women older than 65, All post-menopausal women younger then 65 with one or more risk factors

Any woman with three or more points on risk factors below:

I am a woman...2 I had my ovaries removed or reached menopause before the age of 45...3 I am fair-skinned and sun burn easily...1 I smoke...1 I rarely exercise...1 I have used corticostreroids and/or anti-convulsant medicines...3

I don't take calcuim or other mineral supplements...2 I am thin and /or small boned...2

My mother, grandmother, anut, or sister has broken a hip or wrist or lost height as an adult..3 Total\_\_\_\_\_

Program Date and Times:

YMCA Vernon Hills 700 Lakeview Parkway, Vernon Hills 2/20/2012 from 1-3pmFor an appointment please call847.367.6797Regent Center 1200 Regent DriveMundelein 03/14/2012 from 10:00-12:00For an appointment please call847.566.4790Vernon Township 2900 North Main Street, Buffalo Grove 04/25/2012 from 1:00-3:00pmFor an appointment please call847.578.8670Round Lake Area Publi Library 906Hart Road, Round Lake 04/05/2012 from 12:00-2:00pmFor an appointment please call847.546.7060 prompt 4(Adult Services Dept.)

## 847-578-8670