

65 E. Wacker Pl. Suite 1010 Chicago, IL 60601 312-236-8569 www.guildfortheblind.org

NEW VISIONS: HELP FOR ADULTS WITH VISION LOSS

The Guild presents New Visions, a community-based program designed to help you adjust to vision loss. New Visions emphasizes safety and independence. The three-session workshop offers an opportunity to try out helpful products, tips to organize your home, and ideas to enhance your remaining vision. A family member or friend is welcome to attend.

This program is made possible by the Retirement Research Foundation, the Illinois Department of Public Health and other corporations and foundations.

DATE: Tuesdays, June 7, 14 & 21, 2011

TIME: 10:30 am

PLACE: Round Lake Public Library

906 Hart Rd., Round Lake, IL

For more information or to register, please contact

Kathy Austin at (312) 236-8569 or

kathya@guildfortheblind.org.

WORKSHOP TOPICS

Session One: Where Did I Put It?

- Labeling and organizing items in the home
- Interactive product demonstrations
- Ensuring home safety

Session Two: Magnifier Madness

- Maximizing remaining vision
- Learning about magnifiers
- Experimenting with electronic magnification

Session Three: Maintaining Your Lifestyle

- Dining with confidence
- Communicating with friends and family
- Finding local resources

Many other workshops and training opportunities are available through the Guild for the Blind. Please inquire about "Next Steps" programs. Training provided by Polly Abbott, Certified Vision Rehabilitation Therapist.