

Autism Resources

This list includes books written for children of all ages, teenagers and adults that teach about or discuss Autism Spectrum Disorders.

Picture Books

Nathan Blows Out the Hanukkah Candles, by Lehman-Wilzig, Tami. Although Jacob finds his autistic brother, Nathan, annoying, he gets angry at a new neighbor who calls Nathan weird, but their mothers help the boys get along with a special Hanukkah observance. **E LEH**

My Brother Charlie, by Peete, Holly Robinson. A girl tells what it is like living with her twin brother who has autism and sometimes finds it hard to communicate with words, but who, in most ways, is just like any other boy. Includes authors' note about autism. **E PEE**

Playing By the Rules : A Story About Autism, by Luchsinger, Dena. When Great Aunt Tilda comes to visit, it takes her a little while to learn to understand Josh, who has autism, just as it takes him some time to get used to her. **E LUC**

Fiction

The Case of the Snack Snatcher, by O'Donnell, Liam. Meet Myron: a third-grade detective who loves logic, facts, and solving mysteries. He does not love new things. Unfortunately, everything is new this year: Myron has a new baby sister, his family has moved across town, and now he's starting his first day at a new school. But when the school kitchen is burgled, leaving the morning snacks nowhere to be found, Myron gets his chance to crack the case with help from his classmates from Resource Room 15. Myron's unique perspective from the autism spectrum makes him a top-notch sleuth. **J ODO**

How to Speak Dolphin, by Rorby, Ginny. Since her mother died, twelve-year-old Lily has struggled to care for her severely autistic half-brother, Adam, in their Miami home, but she is frustrated and angry because her oncologist step-father, Don, expects her to devote her time to Adam, and is unwilling to admit that Adam needs professional help--but when Adam bonds with a young dolphin that was recently brought into captivity, Lily is confronted with another dilemma: her family or the dolphin's freedom. **J ROR**

Rules, by Lord, Cynthia. Frustrated at life with an autistic brother, twelve-year-old Catherine longs for a normal existence but her world is further complicated by a friendship with a young paraplegic. **J LOR**

Anything But Typical, by Baskin, Nora Raleigh. Jason, a twelve-year-old autistic boy who wants to become a writer, relates what his life is like as he tries to make sense of his world. **J BAS**

Non-Fiction

Autism, by Brill, Marlene Targ. Discusses autism and its effects on people and society. **J618.9289 BRI**

Autism, by Bardhan-Quallen, Sudipta. Discusses what autism is, how it is diagnosed, and how it is treated. **J616.85 BAR**

Arnie and His School Tools : Simple Sensory Solutions That Build Success, by Veenendall, Jennifer. Discusses about an exuberant little boy who had difficulty paying attention in class and doing his school work until he was equipped with the tools to accommodate his sensory needs. This book describes some of the sensory tools and strategies he uses at school and home to help him achieve an optimal level of alertness and performance. **J371.94 VEE**

Autism Spectrum Disorders, by Poole, Hilary W. "Autism affects people's ability to communicate and socialize. The disorder can be a challenge sometimes, but people with autism are also capable of amazing things. Learning as much as you can about the disorder can make it easier to cope with it. This book explains the challenges faced by people with mental disorders. **J616.85882 POO**

My Friend Has Autism, by Doering, Amanda F. My friend Zack has a disability called autism. But that doesn't matter to us. We talk about airplanes, build models, and enjoy hanging out at each other's house. I'm glad Zack is my friend! **J618.9285882 TOU**

Some Kids Have Autism by Rustad, Martha E. H. Written for young children, this book has information about the nature of Autism and how to help those who have it. **J618.9285882 RUS**

How to Deal with Autism by Robbins, Lynette. Signs to watch for, different kinds and severities of autism, and various treatments are all included in this book. **J616.85882 ROB**

It's Raining Cats and Dogs : an autism spectrum guide to the confusing world of idioms, metaphors, and everyday expressions, by Barton, Michael. A witty and stylish insight into the mind of someone with an ASD. It beautifully illustrates why people with ASDs have problems understanding common phrases and idioms that others accept unquestioningly as part of everyday speech. The quirky drawings will entertain and inspire those on the spectrum, giving them the confidence to recognize figures of speech, feel less alienated and even use idioms themselves. **J616.85882 BAR**

Russell's world : a story for kids about autism, by Amenta, Charles A. Describes the experiences autistic children and their families experience. **J616.85882 AME**

Temple Grandin : how the girl who loved cows embraced autism and changed the world, by Montgomery, Sy. An authorized portrait of Grandin's life with autism and her groundbreaking work as a scientist and designer of cruelty-free livestock facilities that describes how she overcame key disabilities through education and the support of her mother. **JB GRA**

Spanish (Youth)

Cuidando a Louis, by Ely, Lesley. Cuando un niño con autismo junta su aula, los niños tentan que entender su mundo y se incluir en el mundo de ellos. When a new boy with autism joins their classroom, the children try to understand his world and to include him in theirs. **LIBROS ILUSTRADOS ELY**

Bilingual (Youth) – Located in Spanish section

Tacos Anyone? An Autism Story / Alguien quiere tacos? : una historia de autismo, by Ellis, Marvie. Michael is a four year old boy with autism. His older brother, Thomas, doesn't understand why Michael behaves the way he does. The therapist teaches Thomas how to play with Michael, making sibling time fun again. **LIBROS ILUSTRADOS ELL**

Keisha's Doors / Las puertas de Keisha, by Ellis, Marvie. An older sister can't understand why her little sister, Keisha, won't play with her. The family finds out that Keisha has autism and takes her to see a therapist to find out what autism means to them. **LIBROS ILUSTRADOS ELL**

Mi amigo tiene autismo = My friend has autism, by Doering, Amanda F. Explains some of the challenges and rewards of having a friend with ADHD using everyday kid-friendly examples--in both English and Spanish. **J616.8588 TOU**

Algunos niños tienen autismo = Some kids have autism, by Rustad, Martha E. H.. Simple text and photographs describe children with autism, their challenges and adaptations, and their everyday activities--in both English and Spanish. **J618.9285882 RUS**

Adult

Healing and preventing autism : a complete guide, by McCarthy, Jenny. The authoritative reference book that puts in your hands the tools you need to heal your child from autism, autism spectrum disorders, even ADD, ADHD, and a host of other disorders. **618.9285882 MCC**

Beyond the Autism Diagnosis : a professional's guide to helping families, by O'Brien, Marion. **618.9289 OBR**

Could it be autism? : a parent's guide to the first signs and next steps, by Wiseman, Nancy D. **616.85882 WIS**

Voices of Autism : the healing companion : stories for courage, comfort and strength, by the Healing Project. Filled with true stories of the parents of autistic children, their caregivers, teachers, and friends, the stories presented both inspire and inform, providing a palpable sense of connection and community. A comprehensive resource section for those seeking current information about the science and treatment of autism is also included. **362.196858 VOI**

The Kid-friendly ADHD & Autism Cookbook : the ultimate guide to the gluten-free, milk-free diet by Compart, Pamela J. **641.5631 COM**

Ten Things Every Child with Autism Wishes You Knew, by Notbohm, Ellen. A bestseller gets even better Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humor and compassion, the book describes ten characteristics that help illuminate not define children with autism. **616.85882 NOT**

Hygiene and Related Behaviors for Children and Adolescents with Autism Spectrum and Related Disorders : a fun curriculum with a focus on social understanding, by Mahler, Kelly J. This innovative curriculum teaches important hygiene skills and associated social understanding using a fun approach that targets the core characteristics and learning styles of children and adolescents on the autism spectrum. The author's generous use of structure, predictability, self-monitoring and ways to convey and check for social understanding is worked into all discussions and activities. Ranging from basic daily hygiene to picking, using public restrooms, burping and farting, topics focus on healthy and socially acceptable behaviors. **618.92858832 MAH**

Autism 24/7 : a family guide to learning at home and in the community, by Bondy, Andy and Frost, Lori. The authors, founders of the award-winning Pyramid Approach to educating children with autism, show how it is possible to keep family life running smoothly and teach a child with autism to participate in important and routine family activities at home and in the neighborhood. **618.9289 BON.**

A Parent's Guide to Asperger Syndrome and High-functioning Autism : how to meet the challenges and help your child thrive, by Ozonoff, Sally. **618.928982 OZO**

Reaching Out, Joining In : teaching social skills to young children with autism, by Weiss, Mary Jane. **618.928982 GIL**

Siblings of Children with Autism : a guide for families, by Harris, Sandra L. **649.154 HAR**

Adult Spanish

¿Tiene autismo tu bebé? : cómo detectar las primeras señales de autismo en los niños, by Teitelbaum, Osnat. **618.92858 TEI**

Parent/Teacher Collection

Creative Therapy for Children with Autism, ADD, and Asperger's : [using artistic creativity to reach, teach, and touch our children] by Tubbs, Janet. **P/T 618.928982 TUB**

The Survival Guide for Kids with Autism Spectrum Disorders (and their parents), by Verdick, Elizabeth. **618.9285882 VER**

Spanish Parent / Teacher Collection

Enseñar a los niños autistas a comprender a los demás : guía práctica para educadores, by Howlin, Patricia. **PADRES Y MAESTROS 371.94 HOW**

Keisha's Doors / Las puertas de Keisha, by Ellis, Marvie. An older sister can't understand why her little sister, Keisha, won't play with her. The family finds out that Keisha has autism and takes her to see a therapist to find out what autism means to them. **PADRES Y MAESTROS 618.9289 ELL** (Also at LIBROS ILUSTRADOS ELL)

Qué le pasa a este niño? : una guía para conocer a los niños con discapacidad, by Ponce Ribas, Àngels. Este texto tiene como propósito fundamental ayudar a entender la situación de los niños que padecen algún tipo de discapacidad. En efecto, aquí el autor se detiene a explicarnos qué es una discapacidad, cuál es su origen, por qué se manifiesta y si la medicina dispone de algún tratamiento efectivo para curarla o al menos aliviarla. Además incluye interesantes sugerencias acerca de qué hacer para ayudar a los niños que padecen alguna discapacidad. **PADRES Y MAESTROS 305.908 PON**

Teen

The Sound of Letting Go, by Kehoe, Stasia Ward . At seventeen, Daisy feels imprisoned by her brother Steven's autism and its effects and her only escape is through her trumpet into the world of jazz, but when her parents decide to send Steven to an institution she is not ready to let him go. **TEEN F KEH**

Livvie Owen Lived Here, by Dooley, Sarah. Fourteen-year-old Livvie Owen, who has autism, and her family have been forced to move frequently because of her outbursts, but when they face eviction again, Livvie is convinced she has a way to get back to a house where they were all happy, once. **TEEN F DOO**

Marcelo in the Real World, by Stork, Francisco X. Marcelo Sandoval, a seventeen-year-old boy on the high-functioning end of the autistic spectrum, faces new challenges, including romance and injustice, when he goes to work for his father in the mailroom of a corporate law firm. **TEEN F STO**